

# Woman, Naked.

*"It's my body and I'll eat pie if I want to."*

The SJTC Canadian Stages Season opens with a candid take on body image



SAINT JOHN – The 2016-2017 SJTC Canadian Stages Series opens with a roar of laughter and a stiff dose of reality as Newfoundland and Labrador comedienne Berni Stapleton tells it like it is in her one woman show **Woman, Naked** September 15-17.

Part stand-up comedy, part theatre **Woman, Naked** takes the audience on a naughty Newfoundland romp through aging ungracefully, getting fat, coming out, going back in, hiding in a closet full of clothing naked with nothing to wear, running away to Italy, and finding home within oneself. This show is a truthful sharing from one person of the detours experienced along the way to her-self.

The inspiring piece, written by Stapleton, comes from a personal place but also serves as a tribute to women everywhere. *"Now is the time for every woman to come out of the closet. Come out from the closet, where you stand surrounded by clothing, yet with nothing to wear. Come in to the light. And not into the hateful glare of the overhead fluorescents in the department store dressing rooms. Come into the light of "It's my body and I'll eat pie if I want to,"* adds Stapleton.

Berni Stapleton is a Newfoundland and Labrador performer and writer. Twenty-five years ago she wrote her first one woman play *Woman in a Monkey Cage* which is still taught at Universities and Colleges across the country, and used by countless young women as an audition piece. Since then she has written 36 plays, which have all been produced. Her newest book, from Creative Publishing is *This is the Cat*. The play is directed by St. John's actor, director, producer and storyteller Sharon King-Campbell.

Tickets for **Woman, Naked** are \$22.50. Visit [www.ticketpro.ca](http://www.ticketpro.ca) or call 1-888-311-9090 to purchase.

The Canadian Stages professional series welcomes touring works from across the country and is designed to showcase professional grade works to local audiences. Stay tune for details on other works in this season's line-up which will be announced on September 1<sup>st</sup>.

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